

**14B NCAC 10 .0807      SECONDS DUTIES -MIXED MARTIAL ARTS**

- (a) In a Mixed Martial Art contest there may be three licensed seconds positioned in a designated area by a cage or fenced area or positioned in each corner of a ring. For championship bouts there may be four licensed seconds.
- (b) Only the contestants and referee shall enter the ring, fenced area or cage during a match.
- (c) The referee may, in his or her discretion, stop a contest if an unauthorized person enters the ring, fenced area or cage during a round.
- (d) Only three seconds may enter the ring, cage or fenced area.
- (e) There may be no loud yelling or profanity from anyone working the corner.
- (f) If a second leaves the designated area, the fighter shall be disqualified.
- (g) A fighter getting knocked out of a ring and onto the floor must get back into the ring within 20 seconds. The referee shall disqualify a contestant that receives assistance from anyone to return to the ring, cage or fenced area.

*History Note:*      *Authority G.S. 143-652.1;*  
                          *Eff. March 1, 2008;*  
                          *Transferred from 14A NCAC 12 .0807 Eff. June 1, 2013;*  
                          *Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,*  
                          *2018.*